



10-DAY PROGRAM



COSTA RICA: SPANISH SERVICE ADVENTURE

Costa Rica is your classroom! Practice Spanish through meaningful community immersion and hands-on learning, all while you experience the adventure of a lifetime.



OVERVIEW

Step outside the classroom and into the heart of Costa Rican life. In Heredia, surrounded by lush cloud forests, vibrant communities, and breathtaking nature, you'll learn Spanish from friendly locals. Combine that with unforgettable experiences like ziplining through the rainforest, hiking in a national park, and getting up close with Costa Rica's incredible wildlife, and you've got a program that transforms not just your Spanish skills, but your worldview.

The TEPA Experiential Language Curriculum™ integrates Spanish language learning into all aspects of the experience, allowing students to immerse themselves in the culture through meaningful connections.



HIGHLIGHTS

- Take your Spanish to the next level through a structured immersion program at a local language school
- Practice with native speakers in a welcoming Tico community and support a local school through infrastructure and beautification projects.
- Immerse yourself in Costa Rica's abundant nature through hiking, ziplining, and an aerial tram.



ITINERARY

The actual schedule of activities may vary. The information provided here reflects the typical experiences planned; however, activities and excursions are subject to change due to factors such as weather conditions, community partner availability, and other unforeseen circumstances. Adjustments may also be made to best meet the needs and interests of the student group.

<p>DAYS 1-2</p>	<ul style="list-style-type: none"> • Land in San José, where TEPA team members will welcome your group. • Head to Home Base in Heredia, nestled in the hills. Unpack, connect with your group, and reflect on the journey ahead during a quiet evening together. • Dive into program orientation to learn more about what awaits you in Costa Rica. • Explore downtown Heredia on foot, discovering its colonial charm and everyday Tico life.
<p>DAYS 3-4</p>	<ul style="list-style-type: none"> • Meet local school leaders and step onto the worksite, where your efforts will directly improve classrooms and school grounds. Begin hands-on service: building sidewalks, painting walls, or landscaping with purpose. • In the afternoons, engage in immersive Spanish classes at a local language institute, placed by level, from beginner to advanced.
<p>DAY 5</p>	<ul style="list-style-type: none"> • Hike through the lush La Paz Waterfall Gardens, standing beneath towering falls and spotting monkeys and hummingbirds. • Tour a family-run coffee farm and learn how beans go from tree to cup, then taste the freshest brew of your life. • Discover how nature and tradition shape Costa Rica's identity and way of life.

DAYS 6-7	<ul style="list-style-type: none">• Commit to your school project each morning, transforming spaces and building real connections.• Advance your Spanish through daily classes and real-life practice.• In the evenings, engage in hands-on cooking and dance classes to put your Spanish to practice!
DAYS 8-9	<ul style="list-style-type: none">• Soar above the rainforest on a zipline and aerial tram, celebrating your journey with breathtaking views.• Hike through Barva Volcano's quiet trails, immersed in pristine forest and natural beauty.• Share stories and laughter at a final group dinner.
DAY 10	<ul style="list-style-type: none">• Say heartfelt goodbyes over breakfast, then travel together to the airport.• Leave with stronger Spanish and memories that will stay with you for a lifetime.



TEPA HOME BASE

The Home Base for this program is a hotel located in the small town of Heredia in the Central Valley of Costa Rica, with mountain views overlooking the city. It is locally owned and operated, with comfortable modest amenities and plenty of green spaces for activities.

FOOD

Costa Rica is known for its simple diet of rice, beans and a side of meat. The food at Home Base will reflect the traditional dietary staples of the people in Costa Rica. It will be simple, but fresh and healthy and include delicious, locally-grown fruits.

CLIMATE

Heredia enjoys mild, spring-like weather year-round, thanks to its elevation in Costa Rica's Central Valley. Daytime highs average 79°F (26°C), with cooler mornings and evenings around 65°F (18°C). The region has a dry season (December–April) and a rainy season (May–November), but even then, rain usually falls in brief afternoon showers, leaving mornings sunny and pleasant.

ABOUT TERRA EDUCATION PROGRAMS ABROAD

Terra Education Programs Abroad (TEPA) partners with schools and private groups to offer pre-designed and fully custom international experiences that align with academic goals while fostering global citizenship. Building on over 20 years of youth development expertise from its parent organization, Terra Education, TEPA delivers transformative experiences for young leaders worldwide.

GET IN TOUCH!

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TERRA EDUCATION'S PORTFOLIO OF TRAVEL PROGRAMS

