

5-DAY PROGRAM



CALIFORNIA: COASTAL CAMPING ADVENTURE

California's wild coast and redwoods are your classroom! Grow as a leader through hiking, kayaking, and camping.



OVERVIEW

This program blends adventure and outdoor education through camping, kayaking, and hiking along California's coastline and in redwood forests. Students will hone their skills, strengthen teamwork, and their leadership as they prepare meals together and apply techniques learned throughout the experience. Evenings bring Mentor groups and campfire reflections that deepen learning and strengthen community. The journey concludes with a return to San Francisco for urban exploration and a thoughtful program wrap-up before departures home.



HIGHLIGHTS

- Explore California's stunning coastline and towering redwood forests through hands-on outdoor experiences like hiking, kayaking, and camping.
- Build essential life skills by cooking and navigating challenges as a group, fostering collaboration, responsibility, and confidence.
- Explore some of the most iconic landmarks and neighborhoods in San Francisco, California.

ITINERARY

The actual schedule of activities may vary. The information provided here reflects the typical experiences planned; however, activities and excursions are subject to change due to factors such as weather conditions and other unforeseen circumstances. Adjustments may also be made to best meet the needs and interests of the student group.

DAY 1	<ul style="list-style-type: none">• Arrive in San Francisco and meet TEPA staff.• Shop for camp essentials with experienced leaders.• Travel to the campsite to set up camp, cook your first meal together, and gather around the campfire for program orientation and a preview of the adventures ahead.
DAY 2	<ul style="list-style-type: none">• Kayak through the Elkhorn Slough National Estuarine Reserve, paddling through quiet waterways surrounded by mudflats and oak-covered hills• Spot abundant wildlife, including sea otters, harbor seals, and migrating shorebirds along the paddle route• Hike scenic coastal trails• Prepare and enjoy meals together through hands-on camp cooking• Gather around the campfire for reflection, connection, and mentor group time.
DAY 3	<ul style="list-style-type: none">• Spend a full day walking among towering redwoods at a state park as you learn about the natural ecosystem.• Enjoy a packed lunch surrounded by nature.• Put newly learned camp cooking skills from previous nights into practice as you prepare and share dinner.• Wind down with a campfire gathering and mentor group time.
DAY 4	<ul style="list-style-type: none">• Practice breaking down camp, including leave no trace ethics.• Explore San Francisco urban landscape, where you may visit Fisherman's Wharf, Presidio Park or the Golden Gate Bridge.• Close the program with gratitude for the experiences we have had and the bonds built through participating in our appreciation circle.
DAY 5	<ul style="list-style-type: none">• Depart San Francisco and travel home.• Reflect on how your skills learned, friendships strengthened, and challenges overcome can be connected to your daily life and how you might share that with others.

TEPA HOME BASE

Home Base is a scenic campsite, offering students a true coastal adventure with essential comforts: flushing toilets, hot showers, and campsite-wide WiFi. Students stay in shared, gender-segregated tents. The program concludes with a stay at a comfortable, secure hotel in San Francisco, where students continue to share gender-segregated rooms for the final night.

FOOD

Meals are designed to be balanced, nutritious, and made with fresh, seasonal ingredients. Students will take an active role in cooking many of their meals as part of their camping experience. With advance notice, we can accommodate most dietary restrictions and preferences.

CLIMATE

Northern California's coast enjoys a mild, marine-influenced climate year-round. Summers are cool and often foggy, while fall brings the clearest, warmest days of the year. Winters are cool and rainy, and spring sees a mix of sunny breaks and lingering showers as the fog begins its return.

ABOUT TERRA EDUCATION PROGRAMS ABROAD

Terra Education Programs Abroad (TEPA) partners with schools and private groups to offer pre-designed and fully custom international experiences that align with academic goals while fostering global citizenship. Building on over 20 years of youth development expertise from its parent organization, Terra Education, TEPA delivers transformative experiences for young leaders worldwide.

GET IN TOUCH!

tepa@terraeducation.com

+1 858-220-7878



TERRA EDUCATION'S PORTFOLIO OF TRAVEL PROGRAMS

